

IN THIS ISSUE

[click on the section header below to jump directly to it]

[events](#)

[ptsa news](#)

[volunteer for PTSA](#)

[school connections](#)

[counselors corner](#)

[featured staff article](#)

www.shorecrestptsa.org

UPCOMING MEETINGS

Tuesday, February 12

7:00pm

Shorecrest Library

BOARD OF DIRECTORS

Tiffany Bengston, President
president@shorecrestptsa.org

Kendahl Adjorlolo, Vice President
vp@shorecrestptsa.org

Mike Curti, Treasurer
treasurer@shorecrestptsa.org

Teri Potter, Secretary
secretary@shorecrestptsa.org

Alfred Frates, Legislation
legislation-2@shorecrestptsa.org

events

MASQUERADE WINTER FORMAL DANCE

Saturday, February 2, 2013, 9:00-12:00pm, Shoreline Room at the Shoreline Center (18560-1st Avenue NE, north entrance off 1st Ave). Celebrate the end of finals by going to a dance! This event is sponsored by the junior class, and they are expecting 300-400 students. A DJ with Kube 93 and also Dorian Photography will be there. Tickets are \$10 w/ASB, \$15 w/out, and \$20 at the door.

Parents, many volunteers are needed to help make this a success. Please sign up for any of the following ways to be involved:

- **Coat Check.** Two shifts of 4-6 adults per shift (8:45 - 10:45 and 10:30 - 12:15).
- **Desserts*.** Contribute cookies, brownies, cupcakes, fruit bars and other sweets.
- **Dessert Table Attendants.** Two shifts of 4 adults per shift (8:45 - 10:45 and 10:30 - 12:15).

Contact Johanna Phillips (johanna.phillips@shorelineschools.org), Shorecrest Activity Coordinator, to volunteer, or sign up directly on [VolunteerSpot](#). Sign up with your friends to make it an evening of fun!

**Drop off your items either February 1 (Friday) from 7:20am-2:00pm (Shorecrest Main Office), OR February 2 (Saturday) 8:00pm-9:00pm (Shoreline Room @ Shoreline Center, north end).*

SHOW YOU CARE WITH CUPCAKES

Thursday, February 14, Valentine's Day Cupcakes, 9:00am drop-off deadline.

A tradition at Shorecrest is for every student to receive a cupcake on Valentine's Day. Let our students and staff feel the love. Please bring in homemade cupcakes, store bought cupcakes—they love it all! We will need about 1,400 cupcakes to make this a success. Drop off cupcakes in the main office conference room. Cupcakes will be distributed during TAP. Volunteers are needed for setting up and attending tables. Contact Shorecrest's Activity Coordinator, Johanna Phillips (johanna.phillips@shorelineschools.org), with any questions. Please sign up directly on [VolunteerSpot](#) to bring cupcakes and to volunteer.

SC BOOSTER CLUB HOSTING "OTIS IN WONDERLAND" AUCTION

Saturday, March 2nd, 5:30pm, Shoreline Center. Don't be late for this very important date! An evening of fun to raise money for Shorecrest's clubs, teams, arts and academic groups. [Click here to register!](#) If you have an item to donate to this year's auction, please email auction@scboosters.org.

ptsa news



HELP THE PTSA EARN MONEY—THE EASY WAY!

Two easy ways to help contribute to Shorecrest's PTSA is to participate in these programs:

eLabelsForEducation:

No clipping coupons! Just register your shopper cards [by clicking here!](#) Then, by doing your regular shopping and swiping your cards, our school banks points (1 point for each item purchased) from the UPC barcodes of various Campbell's products. You can always clip the UPC barcodes from your items and submit them, as well. [Check here for participating products.](#)

Help Shorecrest PTSA get extra points! This promotion banks 250 extra points if you buy only 5 items. Wow!

eScrip:

Shorecrest earns money throughout the year with eScrip. Participating business partners contribute a percentage of your grocery loyalty card, credit card and debit/ATM card purchases to our school. Go to www.eScrip.com to register. Shorecrest's eScrip number is: 8566586. Register any or all of your grocery loyalty, credit, or debit cards.

A BIG "THANK YOU" TO HOLIDAY HELPERS!

The Shorecrest PTSA would like to thank families bringing in food, money and teen gifts for the Shoreline Holiday Basket drive. Shorecrest brought in 6,057 items and raised \$2013.35 through our Change For Change drive, Holiday Baskets Benefit Dinner, and our storefront collection drives. We appreciate the support of QFC (145th & 15th NE) and Walgreens (175th & 15th NE) for letting our students collect food and money at their stores. The money was used to buy perishables, canned meat, and teen gifts.

Our 1st Annual Holiday Baskets Benefit Dinner was a great success, with over 70 people in attendance, amazing food from Shorecrest Culinary Arts, and lively student performances. Please look for your invitation for next year's dinner in November! You won't want to miss this holiday event!

Here are the food drive homeroom competition results:

3rd Place—**Mr. Loland's class** (119 items)

2nd Place—**Ms. Tellefson's class** (291 items)

1st Place—**Mr. Kidd's class** (430 items)

Thank you so much for pitching in. Over 2000 people were served in Shoreline & LFP from your efforts!!

volunteer for PTSA

VOLUNTEER FOR PTSA

To become a volunteer with Shorecrest PTSA, please fill out our [online volunteer form](#). Many committee positions are available. Or, if you are creative with cupcakes, super at salads, or have an open space in your schedule, sign up for baking cupcakes for Valentine's Day, providing a salad for staff appreciation, or chaperoning a dance, just to name a few. [To volunteer for an upcoming event, please click here.](#)

school connections



WASHINGTON ENGLISH LANGUAGE PROFICIENCY ASSESSMENT

WELPA testing is scheduled for February 5-8 and February 12-14. This test determines student eligibility for English language development (ELD) services. The WELPA annually assesses growth in English language development by the state's English language learners. This assessment tests reading, writing, listening and speaking knowledge and skills. ELL students will be pulled from class to complete the listening, speaking, reading, and writing sections of the test.

SHORECREST DECA STUDENTS QUALIFY FOR STATE CONFERENCE

DECA is a program for high school students which helps them to develop skills for successful business careers, build self-esteem, experience leadership and practice community service. Shorecrest and Shorewood have qualified a combined 44 DECA students for the Washington State Career Development Conference in March in Bellevue. The Shorecrest adviser is Amy Delich and the Shorewood adviser is Damon Oliveto. Shorecrest DECA students are:

Business Financial Services: 1st **Elizabeth Holmdahl**

Hospitality Services Team Decision Making: 1st **Keegan DeVitis & Nhi Nguyen**

Hospitality and Tourism Professional Selling: 2nd **Crisleen Malabanan**

Sports and Entertainment Marketing Series: 2nd **Hassan El Zein**

Business Law and Ethics Team Decision Making: 3rd **Alex Chang & Sierra Noland**

Restaurant and Food Services Management Series: 4th **Amelia Peck**

Hotel and Lodging Management Series: 5th **Ashlyn Yeley**

STUDENT MUSICIANS SELECTED TO ALL-STATE & REGIONAL HONOR GROUPS

February 14-17, Portland, OR. Students from Shorecrest have been named to the Washington Music Educators Association All-State and All-Northwest music honor groups (band, choir, or orchestra). They were chosen by statewide audition and will perform at gala concerts at the Northwest Division Conference, February 14-17, Portland, Oregon. [Click here for complete details.](#) From Shorecrest: **Erin Anderson (clarinet), Andrew Horton, (clarinet), Molly Kercheval, (euphonium), Nathaniel Laviste (oboe), Eleanor Legault (violin), Maeve McIver-Sheridan (violin), David Miller (percussion), Kent Preston (clarinet), and Noah Ziegenhagel (cello).**



NEW SHORECREST TEACHER WISH LIST

Teacher wishes are organized in two categories: **1) requests for supplies, and 2) requests for services.** Our dedicated teachers have expressed some needs to enhance and enrich our students learning. Please take a moment to see if you can fulfill any of these requests. [Please visit the Wish List by clicking here.](#)

SENIOR SPREE — A SHORECREST TRADITION

Sunday, June 16–17, 2011—Senior Spree, 9:00pm–6:00am (*immediately following graduation ceremonies*). **Attention Senior Parents!** Now is the time to register your senior for Spree. Sign up by January 31 and you will be entered into a drawing for a \$50 Fred Meyer gift card. The cost is \$165 (you can pay a \$100 deposit with the \$65 balance is due by April 1). Seniors will not want to miss this safe and incredibly fun all-night party after graduation! Register and submit your check at the main office or online at shorecrestpsa.org/spree. Please contact Barbara Hartley with questions at barbara@bluestarmi.com or 206-930-0207.

school connections continued...

SCIENCE & TECHNOLOGY FAIR AND STEM CAREER EXPOSITION

Saturday, March 23, 2013, Shoreline Community College (Pagoda Union Building). The 1st Annual Shoreline Science & Technology Fair and STEM Career Exposition is sponsored by Shoreline STEM (Science, Technology, Engineering and Mathematics) and Shoreline Friends of Science. The fair is open to students in grades 5-12 from District schools. Registration is now open and any STEM-related area is open for presentation. The event will include a STEM Career Exposition featuring booths from area science and technology firms. Also, there will be:

- Science Fair ribbons for every student participant
- First, Second and Third Place trophies within all grade groupings (5/6, 7/8, 9-12)
- Challenging games of STEM trivia and knowledge for all students in attendance
- Visits and presentations by recent Shorewood and Shorecrest graduates
- Booths and information with education and career possibilities in all facets of STEM
- Demonstrations; math, biology, astronomy, earth science, robotics and many others
- The real possibility of entrance at subsequent fairs into nationally recognized Science Fairs

For more information about the event, visit shorelinesciencefair.org or e-mail Ray Koelling at koellingr@comcast.net.



SHORECREST STUDENTS WIN FALL STOCK MARKET GAME

The teamwork of Shorecrest students **Alex Tien, Aaron Feagin, Matt Drake** and **Gavin Draper** helped them win the state high school Stock Pick game. Under the tutelage of teacher Linda Cobb, the Shorecrest team not only won over all the high school teams in the competition, they racked up earnings 28% higher than the return on the S&P 500 over the course of the game. The winners of the high school division of the Fall Stock Market Game set their team's goal as "Go Big or Go Home" and go big they did!

The Stock Market Game™ gives 4-12th grade students the opportunity to build virtual investment portfolios in stocks, bonds, mutual funds, and exchange trade funds. They purchase their investments at real world prices and compete to earn the highest returns. Despite the short-term nature of the game, participation in the game results in long term increases in student knowledge of economics, personal finance and mathematics. All teams competing in the Washington Council for Economic and Financial Education's game are required to hold a diversified portfolio. The Washington Council for Economic and Financial Education works to create a generation of economically literate and financially capable young people by providing educators with training and programs such as the Stock Market Game.



SPORTS:

DANCERS PERFORM AT HOOPAPALOOZA HALF-TIME SHOW

Two Shorecrest dance teams, the **Highland Dancers** and the **Hip Hop Dance Team**, performed at the half-time show for the girls' basketball game between Shorecrest and Shorewood for the all-day event of Hoopalooza IV.



school connections continued...



NATIONAL RUGBY TEAM SELECTS SHORECREST STUDENT

Matt Brennan plays rugby for the Seattle Vikings Rugby Club. He is one of eight high school students selected to represent the U.S. in international competition. Matt was chosen to be a member of the USA Rugby High School All-Americans (HSAA) that will play for the International Elite Division in Las Vegas on February 8-9. Congratulations, Matt!

[Click here for the complete Shorecrest Winter Sports schedules](#) including boys and girls basketball, gymnastics, boys swimming and boys wrestling.

counselors corner



SCHOOL COUNSELORS CELEBRATE NATIONAL SCHOOL COUNSELING WEEK, FEBRUARY 4-8

National School Counseling Week, sponsored by the American School Counselor Association (ASCA), will be celebrated February 4–8, to focus public attention on the unique contribution of professional school counselors within U.S. school systems and how students are different as a result of what school counselors do. National School Counseling Week highlights the tremendous impact school counselors have in helping students achieve school success and plan for a career. The special week honoring school counselors provides recognition for school counselors who implement comprehensive school counseling programs, a vital part of the educational process for all students as they meet the challenges of the 21st century.

In a proclamation, Superintendent Dorn cited school counselors for:

- being actively committed to helping students explore their strengths, interests and talents as these traits relate to career awareness and development;
- helping parents or guardians focus on ways to further the educational, personal, and social growth of their children;
- serving as primary leadership partners in State and local efforts at improving academic achievement of all students and reducing dropout rates; and
- being critical to the mission of our schools and actively aligning their programs with school and district improvement efforts.

Professional school counselors are certified, experienced educators with a Master's Degree in guidance and counseling. They collaborate with professional organizations, public and private stakeholders, and school officials to implement an OSPI-endorsed Washington Framework for Comprehensive Guidance and Counseling based on the American School Counselor Association National Model in local districts and schools. The combination of their training and experience makes them an integral part of the total educational program. More than 2,077 school counselors in Washington State will be participating in the week's festivities. Many school counselors will be hosting special events and activities to call attention to the myriad benefits of a comprehensive school counseling program. Parents with specific questions or concerns about school counseling programs should contact Shorecrest's counseling secretary, Jocelyn Hudson, or call 206-393-4296

REGISTRATION FOR 2013-14

Keep an eye out for registration materials. Registration will begin at the beginning of March, 2013.

counselors corner continued...

CAREER AND COMMUNITY COLLEGE FAIR

Thursday, March 21, 6:30pm, Shoreline Room at the Shoreline Center (18560-1st Avenue NE, north entrance off 1st Ave). This event is open for all grade levels. There will be representatives from community and technical colleges, plus break out sessions about admissions and financial aid for community college, career searching, and Naviance, with highlights from community and technical colleges. Join us at 6pm for pizza.

SUMMER OPPORTUNITY

There are great opportunities for outdoor leadership experiences through the YMCA BOLD and GOLD programs this summer. [See this link.](#) There are generous scholarships available. Deadline is March 29th. See your counselor if you wish to apply for the scholarship.

A.P. TESTING REGISTRATION: IMPORTANT DATES FOR 2013

February 4-15—AP Exam Online Registration: user.totalregistration.net/AP/481163 (Note: 'AP' needs to be capitalized). Just register online, print out your receipt and pay Ms. Denney.

April 12 — Last day for late registration (additional \$50/exam). Also, deadline to request a partial refund of AP Exam Fees.

April 11-12 — Mandatory pre-administration meetings (during TAP). Students will receive more info closer to the dates.

May 6-16 — AP Exam Administration at the Shoreline Center. Specific testing dates will be in iCal.

WHICH SHOULD I TAKE? THE SAT OR THE ACT?

When it comes right down to it, both tests are all about the numbers. Many students may score higher on the SAT; others do better on the ACT. To understand the difference between the SAT and the ACT, [this website](#) breaks down the differences. The [Princeton Review](#) offers a free assessment to help determine which test is best for your student. Find out if there is an upcoming assessment near you. It may end up to your student's benefit to take both and choose the higher score!

SAT PREP CLASSES

Registration is open for the March course. Please register at www.satprep.org or call 425-823-1370. Limited funds available to support students in need of fee assistance.

SAT/ACT NEWS

Juniors who plan to apply to four-year colleges should register soon for the spring SAT or ACT testing dates.

SAT: www.collegeboard.com **ACT:** www.actstudent.org

PSAT RESULTS

Sophomores are receiving their PSAT results in their English classes in the second week of February. Ask your student to see the scores!

FAFSA

Seniors and parents, be sure to continue to monitor your email closely for any messages from the FAFSA offices. Also, finish your taxes asap and update your FAFSA information for accuracy.

counselors corner continued...

CONSIDERING COMMUNITY COLLEGE?

If you are a senior thinking of attending a community college next fall, consider joining us on a field trip to tour both Shoreline and Edmonds Community College on Thursday, February 7th. You will learn about the transfer degree and specialty programs each college offers. See your counselor for more information!

SHORELINE COLLEGE & CAREER CENTER

This website is a great resource for getting started on your college applications. You will find tips on admissions interviews, on paying for college, and on creating a great college application. Erika Spellman, College & Career Readiness Coordinator, can help you do the following:

- Identify good fit colleges;
- Fill out college applications;
- Write great admissions essays;
- Understand Financial Aid and what colleges are a good financial fit for you;
- Use Naviance: login, request transcripts, request letters of recommendation from teachers, search for colleges, careers & majors and keep an organized list of colleges you are applying to.

LETTER OF RECOMMENDATION INTERVIEWS

For those of you who are still applying to private schools, please schedule your letter of recommendation interview with your counselor ASAP if your letter is not already completed. We want to make sure to meet any outstanding deadlines and this step must be completed first. Stop by the counseling office and schedule your appointment today!

NAVIANCE

This new Career and College Readiness Tool helps students, parents, and school staff collaborate on career and college planning, including streamlining the college-application process. The Naviance page can be reached through [the Clan Connection link](#) on Shorecrest's home page.

- To see the many features of Naviance, check out a [tutorial](#).
- Log in to [Naviance Family Connection](#). (Students, just enter your data dashboard login and password. Naviance is case-sensitive, so capitalize the first letter of your last name).
- Scholarship Listings. Click on "Colleges" to use the scholarship match tools and view the scholarship lists. Special thanks to parent volunteer Angelica Hernandez-Cordero for her work on our scholarship list!
- Transcript Requests. Seniors and their parents can order transcripts through Naviance. In most cases, transcripts will be uploaded and sent electronically, but there may be some instances that transcripts will need to be sent via mail. Your student will need to provide a business size envelope with the college address and Shorecrest's return address, along with one 45¢ stamp. Bring envelopes to Jocelyn Hudson in the counseling office and she will mail it. If you have any questions, contact **Ms. Hudson** @ 206-393-4296.

featured staff article

School Shootings: Is there anything we can do?

By *Steve Hirsch PhD, NCSP ~ Shorecrest School Psychologist*

With all due respect to the NRA (who would like to place more guns in our schools), the American Psychological Association (who would like society to completely and suddenly meet the mental health needs of all students) and adults and politicians (who will no doubt make the curbing of school violence a New Year's resolution and find, at most, a meaningless compromise to quiet the electorate while appeasing the lobbyists), I would like to present an approach that we may have control over.

What do we know about our school shooters?

Katherine S. Newman is a Dean of the School of Arts and Sciences at Johns Hopkins University and the co-author of "Rampage: The Social Roots of School Shootings" (Basic Books, 2004).

"We don't know yet whether the Newtown shooter gave any warnings, but shooters commonly tell their peers—often in a veiled and ambiguous fashion—what they have in mind."

One reason shooters tip their hands is that they are trying to solve a problem. Though they are often intelligent, high-performing boys, their peers tend to see them as unattractive losers, weak and unmanly. In a school culture that values sports prowess over academic accomplishments, they face rejection. The shooters are rarely loners, but tend, instead, to be failed joiners, and their daily social experience is full of friction. Since they are almost always mentally or emotionally ill, those rejections—so common in adolescence—take on greater importance and become a fixation. Rebuffed after trying to join friendship groups, they look for ways to gain attention, to reverse their damaged identities." The shooting is the last act in a long drama: a search for acceptance and recognition.

At Shorecrest, we are trying hard, through the site council and our counselors, to reach students who are alone and not sure how to "become part of the mainstream without changing who they are." We plan to introduce a drop-in lunch/game playing opportunity at least twice a week. In fact, if anyone has some board games in good shape, please consider donating them. Please contact Counselor Wendy Friedman at 206-393-4296 x4299, or email wendy.friedman@shorelineschools.org.

Monopoly games alone will probably not secure the safety of our Shorecrest High School community. What we need are students who will dedicate themselves to reaching out to students on the fringe. If you can impress upon your child, the need for—and value of—talking to students who seem isolated, we will make a difference. I'm not talking about an insincere approach to students, but rather a genuine conversation, an effort to engage another student in a way that leaves them feeling less isolated—or worse, ridiculed by other students. It's not an easy task, especially in high school where 'cliques' are common and there is a danger that by encouraging a student to join in, we are exposing them to more ridicule or bullying. We need heroes out there and we need your help and the parents of younger children to encourage our students to truly engage those students who have experienced nothing but failed friendships. Get the word out! Let's reverse the trend of failed attempts. "Can I join you for lunch" might be all it takes to avoid a future instance of school violence.